

WHERE TO?

Establish what end-results you really want.

☐ Holistic Healing

What is Holistic Healing?

Resolution of all diseases & symptoms and underlying pathologies. Restoration of whole body (all organs) back to normal health. Weaned-off / Reduced medication. No degenerative sideeffects.

- ☐ Resolution of all diseases/symptoms
- ☐ Restoration of Energy
- ☐ Better Sleep
- ☐ Weaned-off / Reduced medications
- ☐ Reduced Cravings/Addictions & natural desire for healthy food.
- ☐ Better digestion & bowel movement
- ☐ Visceral fat loss
- ☐ Restoration of Sexual function
- ☐ Mental & Emotional Stability
- ☐ Improved Skin Complexion
- ☐ Younger looks

☐ Recurrence Prevention

☐ Health Maintenance & Long-term well-being

OR

☐ Symptom Suppression

What is Symptom Suppression?

Use of medicines or any other therapy for just a suppression of diseases without healing the root causes of the diseases. (Example: use of pain killers to suppress joint pain without healing the torn jointcartilage.)

- ☐ Symptom Suppression
- ☐ Just control of progression of underlying pathology. (No Healing)
- ☐ Frequent disease recurrence (Because underlying pathology still exists & worsens over time).
- ☐ Need for continuous medication to keep suppressing disease recurrence.
- ☐ Numerous degenerative side-effects and development of pathologies in other organs.
- ☐ Constant health deterioration.
- ☐ Premature ageing.

☐ Potential Recurrence

☐ Disease maintenance & Gradual health deterioration